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Maine H1N1 Influenza ("Swine Flu") Update

Summary of Information and Activities for Monday, June 8, 2009, 5PM *No new cases reported*

Flu info on the Internet: http://www.maine.gov/dhhs/boh/swine-flu-2009.shtml

Maine Data:

- Four H1N1 cases have been confirmed among inmates at the Cumberland County Jail (see below).
- A total of 29 H1N1 cases have been identified in Maine to-date, including 24 Maine residents and 5 visitors to Maine.
 - Among Maine residents, 16 cases have now been identified in Cumberland County, 7 in York County, and 1 in Penobscot County.
 - The five out-of state residents were tested in York County, Hancock County, Lincoln County (2 diagnoses) and Knox County.
- National Data: US CDC reports 13,217 confirmed and probable cases and 27 deaths (http://www.cdc.gov/swineflu/investigation.htm).
- International Data: WHO reports 21,940 cases in 69 countries (http://www.who.int/csr/don/en/).

Recent Updates—Cumberland County Jail:

- Two cases of H1N1 were confirmed Saturday among inmates at the Cumberland County Jail, brining the total to 4 confirmed cases diagnosed at the jail last week. Two other inmates are being treated for influenza-like illness (ILI), and are presumed to have H1N1. All cases have occurred among inmates of the C-3 Jail Unit. No ILI has been identified on the other units. Administrators and medical staff at the jail have worked closely with Maine CDC to contain the spread of H1N1 at their facility. Activities include the following:
 - An influenza unit has been established to care for inmates with ILI regardless of whether they test positive or negative, or are not tested at all.
 - C-3 inmates are being checked twice daily for ILI and ongoing surveillance will continue on the other units.
 - C-3 is now closed to all visitors and admissions, and jail staff are advised not to work on C-3 if they have underlying medical conditions or are pregnant.
 - o All ill inmates are being treated with Tamiflu, and preventive medication is being provided to C-3 inmates and staff who work on C-3, the medical unit, and the influenza unit.
 - Any staff with a fever and sore throat or cough are being advised to remain at home for 7 days after illness onset or for 24 hours after becoming asymptomatic, whichever is longer. For inmates, anyone with fever will be placed in the medical unit or in the influenza ward for 7 days after illness onset or 24 hours after becoming asymptomatic, whichever is longer.
 - Because the presence of H1N1 in the C-3 Unit has been clearly established, there is little benefit of doing further testing of inmates on C-3. Testing will now be focused on inmates with ILI in other units. Any staff who become ill will also be tested.
 - Notices will be placed at the entrance of the jail asking any visitor who has influenza like illness symptoms not
 to visit and notices will be placed at the entrance of the jail notifying the public of H1N1 in the jail.

These measures taken are similar to what Maine CDC has recommended to correctional facilities in past outbreaks of seasonal influenza and other such infectious diseases. State, County, and City officials will stay in close contact over the coming days to mitigate the spread of H1N1.